

First of all, thank you so much for purchasing this prayer journal for your child! I am so honored to be able to play a small part in helping your child grow in their relationship with God.

I created this parent guide to accomplish three things. First, to give you a quick run down of how your child's prayer journal is set up. Second, to share a few tips for guiding your child in their personal time with God. Third, to share a prayer guide for YOU.

Pray Like This uses the Lord's Prayer as an outline to guide your child as they connect with God each day. The Lord's Prayer is broken down into six parts, which are rotated through eight times total. Each day has four parts: a portion of the Lord's Prayer, a short reading, a prayer example, and a journaling prompt. Both the readings and the journaling prompts were designed with young readers/writers in mind, but if your child still needs assistance that is totally okay too!

As your child begins to have their own personal time with God, here are some tips to keep in mind as you guide them in building that relationship.

1. Start with a quick chat about the purpose of their "quiet time" (or whatever you call it). It's not to check something off their to do list, or something to do because they "have to" - it's a time (no matter how short or long) to have their own special meeting with God. It is a time to connect with God through prayer and reading His Word.
2. Remind your child that God is always with them throughout their whole day, but this time is a special set aside time to connect with God. Kind of like how you might take your child on a one-on-one date.
3. Help your child decide on a time of the day to have their "quiet time" and give your child a few ideas of what they could do during their time.
4. Offer suggestions and check in occasionally, but be sure to not micromanage this time. It is important that they connect directly with God, even if it means their quiet time is "imperfect." That's okay - they are still learning!

The last thing I want to share is a prayer idea for YOU. Something I have tried to do (albeit imperfectly), is to meet with God in prayer on behalf of my child during the time they are in their quiet time. During this time, I pray for my child's relationship with God to grow, for God to work in his life, and for any other prayer needs for that child. I have included a list of brief prayer prompts that follow the topics your child will be covering each day in their prayer journal. That way, you have a little more guidance of what you can be praying for as your child meets with God.

Again, thank you for using this prayer journal with your child. If you have any questions or suggestions, you can send me an email at any time!

In His steadfast love,
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1. Help _____ to know you as his/her father and to give you honor, respect, and praise.
2. Help _____ to know that you are king and your ways are best.
3. Help _____ to ask you for the things he/she needs each day.
4. Give _____ an understanding that he/she can't pay you back for the wrong he/she does and to go to you for forgiveness.
5. Help _____ to be a big forgiver like you.
6. Lead _____ on paths away from sin.
7. Let _____ have an awe of your holiness as creator of the universe.
8. Help _____ to choose to follow you as king and to know that your ways are best.
9. Let _____ rely on you for what he/she needs each day.
10. Give _____ an understanding of his/her sin and how it separates him/her from you.
11. Help _____ to grow in his/her ability to forgive others over and over again.
12. Give _____ strength to stay away from the things that cause him/her to sin.
13. Give _____ eyes to see the amazing truth about you in every story of the Bible.
14. Help _____ to surrender to you the king of his/her heart.
15. Help _____ to really know that the most important "thing" he/she needs is you.
16. Lead _____ out of the darkness of sin and into your light.
17. Help _____ to have patience with the people they have to forgive a lot.
18. Help _____ to go to you for strength when tempted to sin.
19. Help _____ to always trust you are who you say you are.
20. Help _____ to do your will, especially loving you and loving others.
21. Grow a hunger for your word inside _____.
22. Wash _____ so that he/she will be white as snow.
23. Help _____ to respond with gentleness instead of anger.
24. Grow a desire in _____ to stay away from sin and want to do what is right.
25. Lead _____ to develop a deep awe and respect for you.
26. Help _____ to be an example to others of how to follow you.
27. Help _____ to know that you always know what he/she needs.
28. Set _____ free from the chains of sin to live in your freedom.
29. Help _____ to be patient and slow to anger.
30. Help _____ to know that there is always a way out when being tempted to sin.
31. Fill _____ with an awe for how amazing you are.
32. Give _____ a desire to do your will by obeying his/her parents.
33. Help _____ to trust that you know just what he/she needs.
34. Create in _____ a clean heart and pure thoughts.
35. Help _____ to forgive others even when it's really hard.
36. Give _____ wisdom to recognize what is evil and turn to what is good.
37. Open _____'s eyes to see your wonder in creation.
38. Grow the fruits of the spirit in _____.
39. Give _____ patience to wait on your perfect timing.
40. Grow _____ towards perfection in you.
41. Help _____ to keep on forgiving someone when they are tempted to hold onto their anger towards them.
42. Help _____ to listen to wisdom from others.
43. Help _____ to have an awe and respect for your great name.
44. Fill _____ with a joyful anticipation for the day you return.
45. Help _____ to desire to give to others just like you gave to him/her.
46. Help _____ to understand just how good you are, leading to a deep gratitude for Jesus' work on the cross that allows him/her to be in your holy presence.
47. Help _____ to love even the people who aren't nice to him/her.
48. Fill _____ with a desire to read your Word.